

Newsletter

Friday 25th September 2020

Headteacher's Message

Dear Parents and Carers,

City-wide COVID measures

This Tuesday (22nd September), the heightened COVID measures took effect across the city and in school's across Liverpool. This meant that face coverings are now to be worn by all students and staff when in communal areas and corridors. To remind parents and carers, face coverings are not expected to be worn in classrooms, as all rooms have been set up to enable social distancing.

To support the college in ensuring these new measures are adhered to, please ensure that your son or daughter brings a face mask to school and wears it on arrival to school. If there is any reason why your son or daughter cannot wear a face mask, please write a short signed and dated note in their school planner for our reference.

Virtual Open Evening - 6pm on Thursday 1st October

Next Thursday, the college will be holding its 'virtual' open evening for parents of Year 5 and Year 6. Whilst the evening is primarily for parents of Year 5 and 6, all Notre Dame parents and friends are welcome to join us and view the video presentation. You can view a promotional video at <https://player.vimeo.com/video/461717179>

Lines of Communication

Finally, as mentioned in last week's newsletter, I would like to remind all parents of the importance of ensuring the college hold your latest telephone number, email address or postal address, to ensure a reliable line of communication between home and school. This is obviously of vital importance during the COVID pandemic.

Wishing all Notre Dame families and restful weekend,

Mr Duffy



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IMPORTANT COVID UPDATE



Test and Trace

23 September 2020

Dear parents and guardians,

This is an important letter to share some information on how we can work together to make sure we can continue to give children and young people the best education in the safest way possible.

One important part of ensuring the safety and wellbeing of pupils, parents and our communities is testing for coronavirus. We all have a duty to make sure that the right people have access to get tested at the right time. Every time a test is used inappropriately, a person with Covid-19 symptoms may miss out on getting tested.

Therefore, I ask that you all follow these principles:

- You should only book a test if your child has any of these three coronavirus symptoms:
 1. **a high temperature:** any new high temperature where your child feels hot to touch on their chest or back (you do not need to measure the temperature)
 2. **a new continuous cough:** coughing a lot for more than an hour, or three or more coughing episodes in 24 hours
 3. **a loss of, or change in, sense of smell or taste:** a noticeable loss of smell or taste or things smell and taste different to normal
- Your child **does not need a test** if they have a runny nose, are sneezing or feeling unwell but do not have a temperature, cough or loss of, or change in, sense of smell or taste because these are not normally symptoms of coronavirus.
- If you are unsure about whether to get a test, please check the official list of symptoms on the NHS website, which is reviewed regularly:
www.nhs.uk/conditions/coronavirus-covid-19/symptoms/
- Only the person with symptoms should get a test. You do not need to get a test for anyone else in the household unless they also have any of the three symptoms listed above. All members of the household need to self-isolate whilst waiting for the test result.

COVID-19 TESTS AT HUNTER STREET FOR TEACHERS AND STUDENTS

Please be aware that Liverpool City Council have a COVID-19 testing site available for students to use if they develop the 3 main covid symptoms. <https://www.gov.uk/get-coronavirus-test>

It is highly recommended that you “refresh” the page to ensure you see availability for testing at a **LOCAL** centre

Please note that this is only available for symptomatic individuals with the 3 main covid symptoms:-

- a high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- a loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

If you need to order a home test for delivery please call 119

Individuals should try and access the national testing in the first instance.

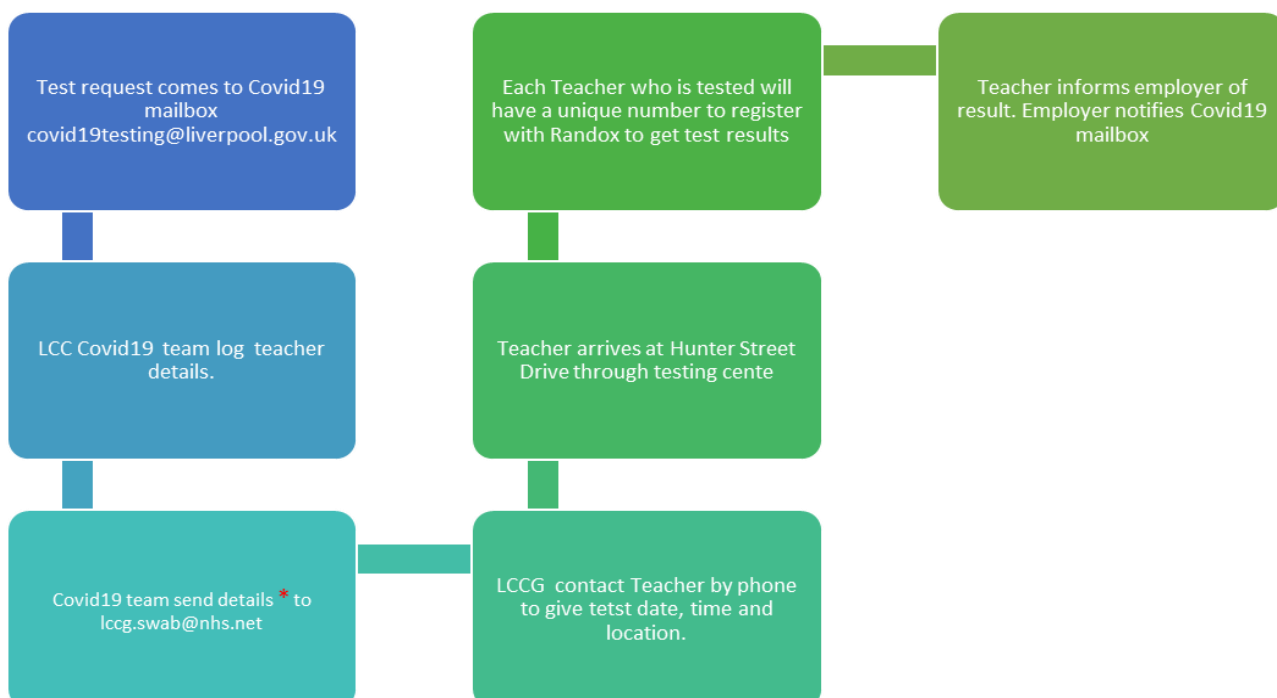
If this isn't available the school testing kit should be used.

If the above 2 aren't available then Hunter St can be accessed.





Please see attached information showing the process for parents to access the testing site. This is different to the national testing process.

*

Name
Address including postcode
Contact number
Car details
School
Date symptoms began







COVID-19 (coronavirus) absence: A quick guide for parents / carers

What to do if...	Action needed	Back to school...
 ...my child has COVID-19 (coronavirus) symptoms*	<ul style="list-style-type: none"> • Child shouldn't attend school • Child should get a test • Whole household self-isolates while waiting for test result • Inform school immediately about test results 	...when child's test comes back negative and child is well enough
 ...my child tests positive for COVID-19 (coronavirus)	<ul style="list-style-type: none"> • Child shouldn't attend school • Child self-isolates for at least 10 days from when symptoms* started (or from day of test if no symptoms) • Inform school immediately about test results • Whole household self-isolates for 14 days from day when symptoms* started (or from day of test if no symptoms) - <i>even if someone tests negative during those 14 days</i> 	...when child feels better, and has been without a fever for at least 48 hours They can return to school after 10 days even if they have a cough or loss of smell / taste. These symptoms can last for several weeks once the infection is gone.
 ...somebody in my household has COVID-19 (coronavirus) symptoms*	<ul style="list-style-type: none"> • Child shouldn't attend school • Household member with symptoms should get a test • Whole household self-isolates while waiting for test result • Inform school immediately about test results 	...when household member test is negative, and child does not have COVID-19 symptoms*
 ...somebody in my household has tested positive for COVID-19 (coronavirus)	<ul style="list-style-type: none"> • Child shouldn't attend school • Whole household self-isolates for 14 days from day when symptoms* started (or from day of test if no symptoms) - <i>even if someone tests negative during those 14 days</i> 	...when child has completed 14 days of self-isolation, even if they test negative during the 14 days

* Symptoms include at least one of a high temperature; a new continuous cough; a loss of or change to your sense of smell or taste. See more at: ¹

<https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/>

What to do if...	Action needed	Back to school...
 <p>...NHS Test and Trace has identified my child as a 'close contact' of somebody with symptoms* or confirmed COVID-19 (coronavirus)</p>	<ul style="list-style-type: none"> • Child shouldn't attend school • Child self-isolates for 14 days (as advised by NHS Test and Trace) – even if they test negative during those 14 days • Rest of household does not need to self-isolate, unless they are a 'close contact' too 	<p>...when the child has completed 14 days of self-isolation, even if they test negative during those 14 days</p>
 <p>...we / my child has travelled and has to self-isolate as part of a period of quarantine</p>	<ul style="list-style-type: none"> • Do not take unauthorised leave in term time • Consider quarantine requirements and FCO advice when booking travel • Provide information to school as per attendance policy <p>Returning from a destination where quarantine is needed:</p> <ul style="list-style-type: none"> • Child shouldn't attend school • Whole household self-isolates for 14 days – even if they test negative during those 14 days 	<p>...when the quarantine period of 14 days has been completed for the child, even if they test negative during those 14 days</p>
 <p>...we have received advice from a medical / official source that my child must resume shielding</p>	<ul style="list-style-type: none"> • Child shouldn't attend school • Contact school as advised by attendance officer / pastoral team • Child should shield until you are informed that restrictions are lifted and shielding is paused again 	<p>...when school / other agencies inform you that restrictions have been lifted and your child can return to school again</p>
 <p>....I am not sure who should get a test for COVID -19 (coronavirus)</p>	<ul style="list-style-type: none"> • Only people with symptoms* need to get a test • People without symptoms are not advised to get a test, even if they are a 'close contact' of someone who tests positive 	<p>...when conditions above, as matching your situation, are met</p>

For further information:

gmhscp.contacttracing@nhs.net

gov.uk/backtoschool

SAFEGUARDING

Notre Dame Catholic College is committed to safeguarding and promoting the welfare of young people; we expect all pupils, staff, volunteers and visitors to share this commitment.



Mr P Duffy
Headteacher



Mrs E Brennan
Lead Designated Safeguarding
Officer



Mrs J Littleboy
Deputy Lead Designated Safe-
guarding Officer



Mrs A M Costello
Deputy Headteacher
Safeguarding Officer



Mr A McVerry
SENCO
Safeguarding Officer



Mrs K Sweeney
SENCO
Safeguarding Officer




Mrs E Garvey
Asst. Head of Year
Safeguarding Officer



Mrs S Doran
Asst. Head of Year
Safeguarding Officer



Miss R Glorman
Asst Head of Year
Safeguarding Officer

		
Miss C Lee Asst. Head of Year Safeguarding Officer		Mrs J Kildare Asst. Head of Year Safeguarding Officer

Childline www.childline.org.uk

Childline is available to you if you have concerns about:-

- Bullying
- Abuse (physical, sexual, psychological, emotional, neglect)
- Your body and self esteem
- Your feelings
- Friendships
- Sexual Advice
- Home life and families
- School






You can ring them on **0800 1111** or message them online here

<https://www.childline.org.uk/registration/>

There are lots of resources available to download and read on:

<https://www.childline.org.uk/info-advice>

Online and phone psychological support from Mersey Care

	Who can access?	When and how is it accessed?	What is provided?
	Anyone 16+ self-referral or any professional	24/7 by phone	<ul style="list-style-type: none"> 24/7 access to mental health support (including people in crisis) 24/7 contact line for emergency services that will divert mental health activity away from A&E 24/7 contact line for primary care for urgent/emergency referrals for mental health assessments.
	Anyone 16+ self-referral	8.00am to 8.00pm phone Monday to Sunday	<ul style="list-style-type: none"> Low level psychological support to those impacted by the COVID-19 situation, such as those experiencing anxiety or depression This is not an immediate access telephone therapy service, but rather a listening ear support line – allowing space to discuss psychological needs, which may result in signposting to resources, information or other services and agencies.
	Anyone 16+ self-referral or GP	8.00am to 6.00pm by phone Monday to Friday 24/7 online via talkliverpool.nhs.uk	<p>Treatment for people with the following common mental health problems:</p> <p>Depression, generalised anxiety disorder, social anxiety disorder, panic disorder, agoraphobia, obsessive-compulsive disorder (OCD), specific phobias (such as heights or small animals), PTSD, health anxiety (hypochondriasis), body dysmorphic disorder, mixed depression and anxiety (the term for sub-syndromal depression and anxiety, rather than both depression and anxiety). Evening appointments can be made available if required.</p>
	Anyone 18+ self referral or any professional	9.00am to 5.00pm phone Monday to Friday 24/7 online learning/activity resources	<ul style="list-style-type: none"> Online staying well at home learning courses Pathway advisors who can support and advise with debt management, employment, housing issues, benefits and more Social inclusion advice for isolated community groups.
	Mersey Care staff only self-referral	9.00am to 8.00pm phone counselling Monday to Friday 24/7 phone support	<ul style="list-style-type: none"> Session model of face to face counselling Brief intervention signposting and support Access to 24/7 phone counselling for staff in distress (not crisis support).

ATTENDANCE

**ATTENDANCE
2020-2021**



**Winning Form
Classes**

Year 7: **7E**

Year 8: **8J**

**YEAR
7
WINNERS!!**

Year 9: **9J**

Year 10: **10F**

Year 11: **11J**

Week commencing 21st September 2020



Theme of the week:
Do small things with great love



Our school Mission Statement: Do small things with great love

Thought of the week

Today you could be standing next to someone who is trying their best not to fall apart. So whatever you do today, do it with kindness in your heart.

Theme of the week: "Do small things with great love".