

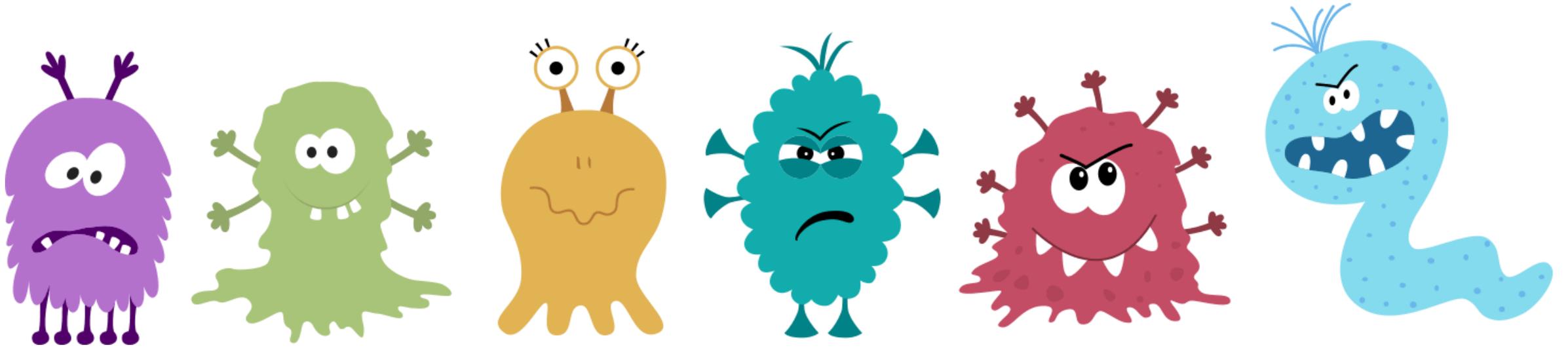


Notre Dame Catholic College

Social Story about what is happening



- This is a very worrying time for everyone and for you as a student at Notre Dame.
- None of us have experienced anything like this before and even adults are worrying a little bit about the whole situation, but that is okay.
- None of us like it when we don't have all of the information that we need and when things are out of our control.



- The world has been through this before and it is called a Pandemic, it is when an illness affects a lot of people and spread really quickly. These do happen and they usually happen around every 23 to 30 years.



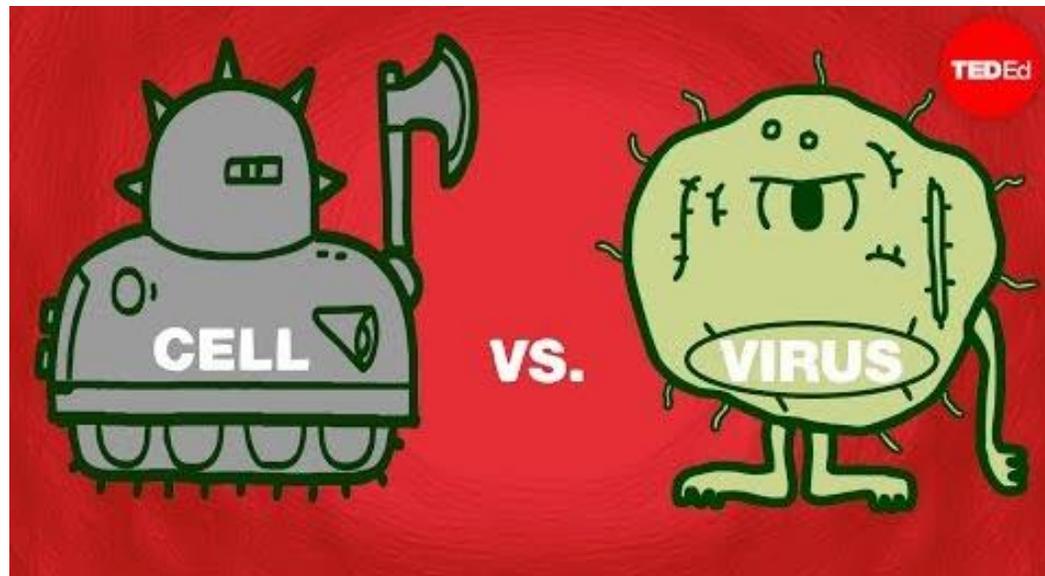
- What we do know is that the Government has given us lots of advice about what is happening and what is going to happen over the next few weeks and they are updating us all every day.



- A lot of people are already sick and it is not the Coronavirus, but just a cold or other illness.
- The doctors and Government have asked all people who are ill or at risk to stay at home and this has meant that a students, staff and their families have been told to stay at home.



- It is going to be strange not coming to school, but your teachers are working hard to set you work that will help you learn at home and we don't know yet what will happen with exams and that is stressful.
- We will all be here to support you whatever happens and that goes for anyone who was planning on leaving at the end of the year, we will still be here for you.



- During this time, plans will change, holidays may be cancelled and life might not be the same for a period of time, but remember this is a virus and when people get a virus the body tries to fight it off and kill it and in nearly all cases it does and people get better.



- The best thing to do to stop you getting sick is to wash your hands as often as possible and for at least 20 seconds.
- You could even sing the Happy Birthday song 3 times to help you make sure that you are washing them enough. Make sure you do this before you eat, bite your nails, touch your face, go to the toilet or if you touch any surface, especially if someone you know might have the virus.



- If you or anyone you know does get sick, it will be okay, you just need to rest and let your body recover, this might not be a nice time and it might make you really ill, but remember that people are there to support you.
- Make sure that you drink plenty of water and stay away from other people if you are sick, this will stop the virus spreading.



- As a school we are all still here to support you and you can keep up to date with everything through the school website (www.notredameliverpool.com) and the school twitter account @NDEvertonValley.